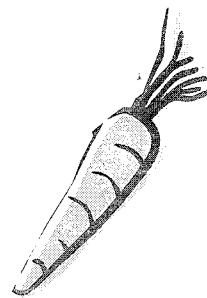
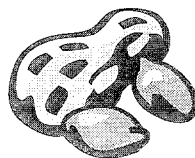
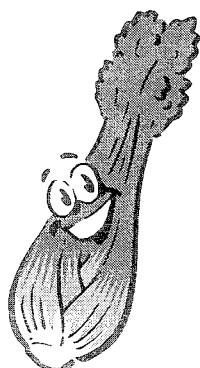
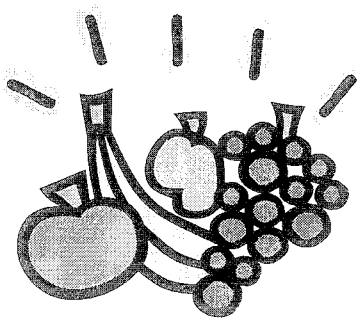


Nutritious Snacks



Crackers

Shelled Nuts: peanuts,
almonds, cashews, mixed nuts

Party mix

Pretzels, Popcorn

Unsweetened coconut

Fruit leather

Fresh fruit

Granola

Whole wheat or bran muffins

Carrot and celery sticks

Cucumber or zucchini slices

Peanut butter on crackers trial mix

Dried fruits

(raisins, figs, apricots, apples, dates, bananas)

Fruit kabobs

 Any nutritious, well-balanced snack will be acceptable.

 Please NO cakes, cookies, brownies, etc.

